

I put off writing this article for our next newsletter, hoping that the events unfolding around us all would improve but that was not to be. When Dr. Henry moved us into Step 3 on July 1st of the provincial reopening plan, we all had high hopes of a return to a more normal life.

In mid-August we are not only facing increasing numbers of Covid 19 cases around our province but

one of the worst forest fire seasons on record. The news on the world front is no better with disasters unfolding in Haiti and Afghanistan. During a conversation with someone, I expressed that I was feeling quite down about what was going on in the world, this person agreed with me but said what we have to do is find the small things in life that give us joy.

I took this advice on board and I am finding joy in the events that happen much closer to home. I was able to meet up with four girl friends for dinner, I had not seen them for over a year and a half. My husband and I have been able to go on a couple of local camping trips. My vegetable garden has done well this year (anyone want a Zucchini?). We have had rain on the Coast in the last couple of days, not a lot but rain.

BCAHA is moving forward with plans for Area and Provincial Conferences. Only time will tell if we are able to proceed. The Executive and Area Directors have plans to meet in person in October. We have exciting news about a new web page – see Cheryl's report. Cheryl has put in a lot of hours working on this project which we hope will raise the profile of all our members in the Province. Anyone should be able to google the name of your auxiliary and find out information and contact names. Recognition is one of the first steps in Recruitment which is always foremost in our minds.



So enjoy the small things in life and thank you for all you do for your community – more important now than ever.

Diane